



NOVA CSI Dinner Menu 2009

February

- Tomato Mozzarella Salad with Basil Vinaigrette
1. Slow Braised Beef Short Ribs with Natural Jus
 2. Roasted Pork Loin with Plum Sauce and Green Onion
 3. Grilled Portabella Mushroom with Gorgonzola Cream, Sautéed Spinach and Sundried Tomatoes
- Chef's Choice of Fabulous Dessert

March

- Caesar Salad
1. Spice Rubbed Brisket with Honey Barbecue
 2. Pecan Crusted Breast of Chicken with Maple Cream
 3. Mushroom Stroganoff over Buttered Noodles
- Chef's Choice of Fabulous Dessert

April

- Chef's Soup of the Day
1. Char-Grilled Flank Steak with Sherry Mushroom Sauce
 2. Pan Seared Breast of Chicken dusted with Cajun Spices with Andouille Sausage Gravy
 3. Linguini with Lemon, Herbs, Artichokes, Spinach, Mushrooms and Sundried Tomatoes
- Chef's Choice of Fabulous Dessert

May

- Mixed Green Salad
1. Braised Beef Tenderloin Tips with Mushrooms, Green Peas and Carrots
 2. Bacon wrapped Salmon with Barbecue Sauce
 3. Penne Pasta with Grilled Vegetables and Roasted Tomato Sauce
- Chef's Choice of Fabulous Dessert

June

- Caesar Salad
1. Char-Grilled Flank Steak with Sherry Mushroom Sauce
 2. Roasted Pork Loin with Apples and Brown Gravy
 3. Herb Baked Tilapia with Lemon Butter Sauce
- Chef's Choice of Fabulous Dessert

September

- Chef's Soup of the Day
1. Braised Beef Tenderloin Tips with Mushrooms, Green Peas and Carrots
 2. Pan Seared Breast of Chicken with Rosemary Sauce
 3. Linguini with Lemon, Herbs, Artichokes, Spinach, Mushrooms and Sundried Tomatoes
- Chef's Choice of Fabulous Dessert

October

- Caesar Salad
1. Spice Rubbed Brisket with Honey Barbecue
 2. Herb Baked Tilapia with Lemon Butter Sauce
 3. Penne Pasta with Grilled Vegetables and Roasted Tomato Sauce
- Chef's Choice of Fabulous Dessert

November

- Tomato Mozzarella Salad with Basil Vinaigrette
1. Slow Braised Beef Short Ribs with Natural Jus
 2. Grilled Breast of Chicken with Lemon Caper Sauce
 3. Grilled Portabella Mushroom with Gorgonzola Cream, Sautéed Spinach and Sundried Tomatoes
- Chef's Choice of Fabulous Dessert

December

- Caesar Salad
1. Braised Beef Tenderloin Tips with Mushrooms, Green Peas and Carrots
 2. Shrimp Creole over Rice
 3. Mushroom Stroganoff over Buttered Noodles
- Chef's Choice of Fabulous Dessert